POLICY

BOARD OF EDUCATION ROSELAND

PUPILS 5141/Page 1 of 3 Students' Allergic Reactions

5141 STUDENTS' ALLERGIC REACTIONS

The Board of Education shall take necessary and appropriate actions as well as precautions in response to student allergies. The parent(s) or guardian(s) of a child with an allergy shall inform the nurse of the nature of the child's allergy before the school year begins, if possible, and shall provide medical documentation and records concerning said allergies. Upon receipt of such medical information and documentation, the nurse shall circulate the pertinent and necessary information on the medical alert list to the appropriate staff members.

The parent(s) or guardian(s) of the child who has the allergy shall reinforce with the child the nature of their allergy and the precautions that said child must take in order to prevent the risk of an allergic reaction to a known and identified allergen (for example: reinforcing with a child who is allergic to certain foods not to ingest any foods that may cause allergic reactions).

The parent(s) or guardian(s) of the child who has the allergy shall meet with the school nurse to help the nurse create a list of safe snacks. The school nurse shall inform the Chief School Administrator, Principal, and teachers who have such identified children in their class so the list of safe snacks are communicated and allergic food substance(s) are not included in school parties or celebrations.

Protocol for snacks brought into school for Class Parties or School Celebrations include the following:

- 1. Teachers will contact parents of children with food allergies to discuss snacks that he/she can eat. Safe snacks for those children will be communicated to the school nurse. The nurse will keep a list of the children with allergies, the food to which a particular child is allergic, the snacks which are safe for that child, and the child's classroom assignment.
- 2. In cases where an allergy is to nuts, the teacher will notify the class parent(s) of the allergy, advise them of the restrictions set forth in this policy, and the class parent(s) will communicate the policy to parents who sign up to bring in snack for school parties or celebrations.
- 3. In cases where the allergy is to a food other than nuts, the teacher will notify the class parent(s) of safe snack options for the child(ren) with food allergies. The class parent must communicate the safe snacks to other parents who sign up to bring snacks for school parties or celebrations.



POLICY

BOARD OF EDUCATION ROSELAND

PUPILS 5141/Page 2 of 3 Students' Allergic Reactions

- 4. Parents who sign up to bring snacks into the class must provide one safe snack from the list of safe snacks **for each child in the class**. Parents may also, if they choose, bring in additional snacks from the list of permissible snacks. Click here to view the permissible list.
- 5. All snacks which are brought into the school for parties or celebrations must be delivered to the main office the day before the party or celebration. The school nurse will, upon receipt of the snack, inspect the label to ensure that the snack provided is in compliance with the list of permissible snacks as well as the list of safe snacks for any particular class. Any snack not in compliance will not be permitted to enter the classroom and will be discarded.

Parent(s) or Guardian(s) can receive a specific list of foods and snacks offered during lunch that will prevent the risk of a specific allergic reaction to a known or identified allergen, by contacting the school nurse who will work with the food service provider dietician to prepare a safe and appropriate lunch.

When an allergy is identified by the parent or guardian and reported to the school nurse, the Principal or designee shall do the following:

- 1. Notify the parent(s) or guardian(s) of the affected child either through the school handbook or separate correspondence that the child should not share lunches or snacks or accept any other food or snack from other children;
- 2. Upon identification of a child with an allergy, the parent(s) or guardian(s) will be provided a medical release form indicating agreement to communicate with appropriate staff members otherwise private and confidential medical information concerning said child.
- 3. The school nurse and/or health teacher will develop age appropriate lesson(s) within the curriculum to educate the children who come into contact with children with allergies about severe and life threatening allergies, the potential consequences of allergic reactions and how important it is for the children to conduct themselves appropriately. The lesson shall in no way identify the child with the allergy.



POLICY

BOARD OF EDUCATION ROSELAND

PUPILS 5141/Page 3 of 3 Students' Allergic Reactions

4. Upon the signing of the medical release form, the school nurse shall develop a communication with appropriate staff members and to the parent(s) and guardian(s) of the children who come into regular contact with the child affected with an allergy about the existence of the allergy, with a request to reinforce with their children a need to act appropriately bearing in mind the circumstances and in the case of food, the reminder that the parents or guardians must reinforce with the children the prohibition upon sharing food. The written communication shall not identify the child with the allergy.

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